

Toxic Effects of Citrinin in Animals and Poultry

D.Basheer Ahamad

*Department of Veterinary Pathology, Veterinary College and Research Institute, Tamil Nadu
Veterinary and Animal Sciences University, Tirunelveli, Tamil Nadu, India*

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Introduction

Citrinin (CTN) is a secondary product of fungal metabolism, first isolated by Hetherington and Raistrick from a culture of *Penicillium citrinum* Thom (Hetherington and Raistrick, 1931). Meanwhile, several other fungal species within the three genera, *Penicillium* (*P. expansum*, *P. verrucosum*), *Aspergillus* (*A. terreus*), and *Monascus* (*M. ruber*) were also found to produce this mycotoxin (Ciegler *et al.*, 1977, Bragulat *et al.*, 1977). CTN contaminates maize (Nelson *et al.*, 1985), wheat, rye, barley, oats (Scott *et al.*, 1972), and rice (Tanaka *et al.*, 2007). Citrinin was considered as a potential antibiotic (IARC, 1986), but its toxic properties prevented its therapeutic use. Citrinin (CTN), a low molecular weight compound, that melts at 172°C and is soluble in dilute sodium hydroxide, sodium carbonate, methanol, ethanol and other polar solvents (Leatherhead Food Research, 2000) was first isolated as a pure compound from a culture of *Penicillium citrinum* in 1931. Later, yellowish coloured rice imported from Thailand to Japan in 1951 was found to be contaminated with citrinin. Subsequently, it was identified in over a dozen species of *Penicillium* including certain strains of *Penicillium camemberti* (used to produce cheese) and several species of *Aspergillus* (*Aspergillus terreus*, *Aspergillus niveus*)

and *Aspergillus oryzae*, the latter being used to produce sake, miso, and soy sauce (Manabe, 2001).

Citrinin is nephrotoxic and implicated in disease outbreaks in both animals and humans. Acutely lethal doses administered to rabbits, guinea pigs, rats, swine, or mice caused swelling of the kidneys with eventual necrosis (Friss *et al.*, 1969; Jordan *et al.*, 1978; Krogh, 1978, Krogh *et al.*, 1974). In mice, citrinin is also embryocidal and fetotoxic (Hood *et al.*, 1976). In rats, citrinin has similar effects and high doses are teratogenic (Reddy *et al.*, 1982a,b). Citrinin has been implicated in porcine and avian nephropathies and possibly in the fatal renal disease in humans, causing endemic Balkan nephropathy (Friss *et al.*, 1969; Krogh *et al.*, 1970 Witlock, *et al.*, 1977). The nephropathy of citrinin in rats was characterized by an enhanced excretion of dilute urine glucosuria, proteinuria, and reduced glomerular filtration rate and renal blood flow (Petkova-Bocharova *et al.*, 1991).

The kidney is the major target organ of CTN toxicity, but other target organs such as liver and bone marrow (Gupta *et al.*, 1983). CTN could be implicated in porcine nephropathy (Krogh *et al.*, 1973). It is frequently found in food and feed in combination with ochratoxin A (OTA), and these two nephrotoxic

mycotoxins are suspected to be involved in the aetiology of a human kidney disease called Balkan endemic nephropathy. In the endemic area in Bulgaria, CTN had higher concentrations in maize and beans intended for human consumption than in the non-endemic area (Petkova-Bocharova *et al.*, 1991). CTN is also found to increase the toxicity of OTA either additively (Ahamad *et al.*, 2006) or synergistically (Speijers and Speijers, 2004). The International Agency for Cancer Research (IARC) classified CTN in Group 3 of carcinogens because of the limited evidence of its carcinogenicity to experimental animals and no evidence for humans (IARC, 1986). Citrinin affects the animals in a number of ways i.e. it leads to decreased body weight, immunotoxicity, nephrotoxicity, hepatotoxicity, teratogenicity. Oxidative stress, apoptosis were found to be the important mechanism for causing these effects

Incidence of Citrinin

Krogh *et al.* (1973) reported ochratoxin A and CTN in cereals with an incidence of 58 and 9 per cent, respectively, and these mycotoxins were also implicated in porcine nephropathy in Denmark. Reiss (1977) considered CTN responsible for “yellowed rice syndrome”, an animal mycotoxicosis in Japan. Yoshisawa (1991) observed natural contamination of CTN in corn, rice, rye, wheat, barley, oats and decaying tomato fruits. Abdelhamid (1990) reported the occurrence of various mycotoxins in Egyptian feeds in which 44.2 per cent of feed samples tested were positive for aflatoxin (AF) containing less than 100 ppb, and 15.4 per cent of samples were

positive for CTN in the range of 3-70 ppb. An outbreak of pruritis, pyrexia and haemorrhagic syndrome in cattle was attributed to feeding of citrus pulp containing citrinin 30 - 40 ppb (Griffiths and Done, 1991).

In India, Pande *et al.* (1990) reported the occurrence of CTN in feed. Manickam *et al.* (1985) encountered mycotoxicosis in buffaloes due to ingestion of mouldy fodder contaminated with AFB₁, CTN, ochratoxin and penicillic acid of which CTN alone was present in around 18 per cent of samples. Sundaram *et al.* (1999) recorded the co-occurrence of CTN and AFB₁ in maize. Out of 229 samples of maize tested, 45 were positive for CTN, of which 23 samples also contained AFB₁. Natural occurrence of citrinin has been reported in various agricultural products like coconut (Kumari and Nusrath, 1987), rice (Reddy and Reddy., 1983; cereals (Pande *et al.*, 1990), some herbal medicinal plants (0.01 - 0.76mg/ g) (Roy and Kumari, 1991; Chourasia, 1995), groundnut (Subrahmanyam and Rao, 1974; Mehan and McDonald, 1984), sesame (Reddy and Reddy, 1983), bakery bread (Sinha *et al.*, 1994), poultry feeds (Rajeswari and Char, 1991), milk and milk products (Singh *et al.*, 1992), cattle feed (Jeswal and Jeswal, 1990; Ranjan and Sinha, 1991), root drugs (Roy and chourasia, 1990) and dry fruits (Saxena *et al.*, 1988). Ahamad and Vairamuthu (2000) recorded up to 400 ppb of CTN when singly or combination with aflatoxin B₁ (AFB₁); up to 4800 ppb of CTN in combination with ochratoxin A (OTA) up to 320 ppb of CTN in combination with CTN- AFB₁- OTA in poultry feed where as CTN alone up to

1800 ppb; CTN with AFB₁ up to 400 ppb, CTN with OTA up to 600 ppb and up to 1200 of CTN when combination of CTN, AFB₁-OTA in feed ingredients such as maize, sorghum, jowar, soya meal, sun flower oil cake and groundnut oil cake.

Toxic Effects of Citrinin in Animals

Pigs

A case study by Friis *et al.* (1969) reported the results from pigs administered citrinin in feed at 20, 40 or 100 mg/kg b.w. per day. At the highest dose level, the pigs died in a coma with renal insufficiency and a decrease in appetite was observed in all animals. At 20 and 40 mg/kg b.w. per day growth depression, loss of weight and glucosuria were observed. The data are poorly reported and as such were not used for risk assessment. Sándor *et al.* (1991) described a subacute toxicity study with ochratoxin A and citrinin in swine. Pigs are able to tolerate citrinin concentrations in feed resulting in doses of up to 0.02 mg/kg b.w. per day for a longer period without any signs of toxicity. Szczech *et al.* (1974) reported increased concentrations of glutamic oxalacetic transaminase, isocitric dehydrogenase and lactic dehydrogenase in serum and urine before clinical signs of renal disease were evident in pigs given oral doses of 1.0 and 20.0 mg citrinin/kg b.w. per day. The activities of the enzymes were elevated in urine, whilst no other signs of renal disease were observable, and there was no alteration in blood urea nitrogen. An early elevation in these serum activities is acknowledged to be a sensitive indicator of renal damage. In conclusion, only few studies on adverse effects of citrinin in pigs could be identified. At present, no

effect has been reported from pigs given 20 µg/kg b.w. per day (Sándor *et al.*, 1991).

Dogs

In an early study, dogs were given citrinin with 5 mg/kg b.w. i.p. survived the entire study, but severe proximal tubule damage was observed during the post-mortem examination. (Kitchen *et al.*, 1977a, b, c). Anorexia, emaciation, vomiting and polydipsia/polyuria and consumption of the feed was reported to be „over one month“. The dogs had high blood urea nitrogen and creatinine. Two severely affected dogs died, while the others recovered gradually. Renal failure, with renal atrophy, congestion of the glomerula capillary, and diffuse degeneration, necrosis, dystrophic calcification and regeneration of the tubular epithelium were seen @citrinin at 8.3 µg/kg feed (Ahn *et al.*, 2007) and severe scrotal dermatitis 150 µg citrinin/kg feed (Little *et al.*, 1991).

Toxic Effects of Citrinin in Experimental Animals

Lethal Dose

Acute LD₅₀ of CTN varies with the route of administration, physiological conditions, and animal species Oral LD₅₀ for rats is 50 mg kg⁻¹ b.w. while subcutaneous LD₅₀ is 67 mg kg⁻¹ b.w. (Ambrose and DeEds, 1945). In the Dutch Belted rabbit, oral LD₅₀ is 134 mg kg⁻¹, and in the New Zealand White rabbit it is about 120 mg kg⁻¹ (Hanika *et al.*, 1983, Hanika *et al.*, 1984). The LD₅₀ of CTN for ducks is 57 mg/kg, for a rat 60mg/kg, for chickens 95 mg/kg, and for rabbits 134 mg/kg (Hanika *et al.*, 1983). In a LD₅₀

study with hamsters, citrinin caused slight to mild necrosis of scattered individual lymphocytes in the spleen and the intestinal submucosa (Jordan *et al.*, 1978a). The acute s.c. LD50 for citrinin in rabbits is 20 mg/kg b.w. (Ambrose and DeEds, 1946), with lacrymation and salivation, and mild histopathological changes in the kidneys. At higher s.c. doses (50-75 mg/kg b.w.) given for up to 14 days, citrinin caused marked renal lesions, confirming rabbits as sensitive to citrinin much like guinea pigs (Ambrose and DeEds, 1946). Hanika *et al.* (1983) determined intraperitoneal (i.p.) and oral 72-hr LD50 values of 50 mg/kg b.w. and 134 mg/kg b.w., respectively in rabbits. The LD50 of a single s.c. citrinin dose to rats was 67 mg/kg b.w. (Ambrose and DeEds, 1946).

Clinical Pathology

The CTN causes anaemia along with leucopenia due to lymphopenia, increase in platelet count, mean corpuscular volume (MCV) in rats (Gupta *et al.*, 1983; Singh *et al.*, 2006) decrease in PCV, haemoglobin (Hb) and total erythrocyte count (TEC) in guinea Pig (Thacker *et al.*, 1977). Anorexia, decreased body weight gain in rats (Lockard *et al.*, 1980; Jordan *et al.*, 1978a; Singh *et al.*, 2006); anorexia, dullness, lethargy, loose faeces, polydipsia and dehydration in young growing New Zealand White rabbits (Kumar *et al.*, 2007).

Biochemical alterations with decreased BUN and creatinine levels, decrease in total protein, albumin and globulin, increase in activity of Alanine aminotransferase (ALT), Aspartate

aminotransferase (AST) and Lactate dehydrogenase (LDH) in rats (Beasley *et al.*, 1986; Singh *et al.*, 2006). Increased level of total plasma protein in guinea Pig (Thacker *et al.*, 1977) increased cholesterol esters, increased BUN and serum creatinine in rabbit (Ramadoss and Shanmugasundaram, 1973; Hanika *et al.* 1983). Carlton *et al.* (1974) found in a study on beagle dogs inconsistent changes in leukocyte counts which were probably more related to dehydration of citrinin treated animals than to any direct effect of citrinin (20 and 40 mg/kg b.w. for 2 days administered in gelatine capsules and after that i.p. because of profound emetic effects). Citrinin treated mice (20 mg/kg b.w.; i.p. injections once a week for 6 weeks) shows a decrease in the total count of bone marrow cells (precursors of erythrocytes, leucocytes and megakaryocytes) (Gupta *et al.*, 1983).

Pathomorphology

Dietary exposure to citrinin at 250 and 500 mg/kg feed for two weeks was well tolerated by hamsters, with no clinical signs of toxicity, no gross lesions at necropsy and no histopathological changes were observed (Carlton and Szczech, Beagle dogs (Carlton *et al.*, 1974) commenced with dry feed containing 50 % of rice moulded by *Penicillium citrinum* and containing 100 mg citrinin/kg. showed poor feed consumption and inappetance. In rats, kidney shows necrosis in kidneys, vacuolar degeneration of renal tubular epithelium, tubular degeneration with presence of proteinaceous casts in the lumen of renal tubules (Lockard *et al.*, 1980, Jordan *et al.*, 1978a, Singh *et al.*, 2007b) The other lesions include

hepatocytic degeneration with engorged sinusoids, karyomegaly in liver, dilated cystic spaces with haemosiderosis in uterus, lymphoid depletion, Haemosiderosis in spleen, villous sloughing with lymphoid depletion in peyer's patches in intestines (Singh *et al.*, 2007b) are seen. In rabbit severe renal tubular degeneration with presence of proteinaceous casts in tubular lumen. (Kumar, 2005) In hamster, necrosis of renal cortical tubular epithelium, tubular calcification, presence of proteinaceous casts and tubular dilations (Jordan *et al.*, 1978b).

Histopathology

Degenerative changes in renal proximal tubule epithelium were reported in rats given citrinin contaminated feed, but no dose was specified (Friis *et al.*, 1969; Krogh *et al.*, 1970). In contrast, no clinical or renal histopathological changes occurred in a rat given dietary citrinin for 5 days (~18 mg/kg b.w. per day) (Mantle and McHugh, 1993). Acute lethal doses administered to rabbits, guinea pigs, rats, and swine caused swelling of the kidneys and acute tubular necrosis ((Friis *et al.*, 1969; Ambrose and DeEds, 1946). Subchronical oral treatment of rats with water suspension isolated from a strain of *Penicillium viridicatum* Westling caused CTN-induced kidney damage characterised by enlarged kidney, hydropic degeneration, loss of brush border, and pyknotic nuclei in the proximal tubules (Friis *et al.*, 1969). Treatment of mice with weekly injections of CTN (20 mg kg⁻¹) for six weeks resulted in a significant decrease in total bone marrow cells, red blood cell precursors, white blood cell precursors, megakaryocytes, decrease in spleen

weight, and decrease in the total spleen cell count.

Ultrastructural Pathology

Kumar *et al.* (2007) investigated the ultrastructural lesions in kidney of citrinin-treated animals focused on proximal convoluted tubules (PCT) and interstitial cells, while epithelial cells of distal convoluted tubules had almost normal appearance. In epithelial cells of the PCT citrinin caused loss of nucleoli, depletion of cytoplasmic organelles, peripheral condensation of pleomorphic mitochondria and cytoplasmic vacuolation. Degenerative and necrotic changes were mild to moderate. The basement membrane of PCT epithelial cells and glomerular were unaffected. Mitochondrial swelling and misshapen appearance are consistent with the theory that the lesions of this organelle are crucial in the mechanism of citrinin toxicity.

Toxic Effects of Citrinin in Poultry

Lethal Dose

Mehdi *et al.* (1983) reported LD50 values of 56 and 57 mg/kg b.w. for turkey poults and ducklings, respectively

Clinical Pathology

Clinical Signs

Citrinin fed to mature laying hens at concentrations of 0, 50 or 250 mg/kg diet for three weeks had no effect on body weight, feed consumption, egg production, egg weight, or quality of eggshell. Moderate diarrhoea, which subsided once the birds returned to their normal diet, was observed after approximately three weeks at the highest dose level (Ames *et al.*, 1976). The important clinical signs

includes stunted growth, decreased body weight gain, watery droppings in poultry, (Campbell *et al.*, 1981, Mehdi *et al.*, 1984; Uma and Vikram Reddy, 1995; Ahamad, and Vairamuthu, 2001; Ahamad *et al.*, 2009).

Haemato-Biochemical Changes

In haematological study, increased PCV, reported no significant change in PCV, Hb and TEC in poultry (Campbell *et al.*, 1981; Uma and Vikram Reddy, 1995; Manning *et al.*, 1985; Ahamad *et al.*, 2006). Citrinin was fed to broiler chickens at concentrations of 300 mg /kg feed showed lower body weight and an increased water consumption. At the last day of the study, serum protein, albumin and globulin were significantly higher in the birds fed citrinin than in controls (Manning *et al.*, 1985). but no significant alteration was recorded in chicken when fed 150 and 300 ppm of CTN (Ahamad, and Vairamuthu, 2001; Ahamad *et al.*, 2006; Ahamad, 2000).

Gross Pathology

Ames *et al.* (1976) observed enlargement of liver and kidneys in broilers fed with 62.5, 125, 250 and 500 ppm CTN for 3 weeks. Roberts and Mora (1978) fed 130 and 260 ppm of CTN in broilers and noticed haemorrhagic jejunum, mottled liver and enlarged kidneys. When broilers were fed with 62 per cent of mouldy ration for 6 weeks, there was atrophy of spleen, bursa of Fabricius, thymus and testes. Heart was oedematous, congested and necrotic. The gall bladder was distended and bone marrow was pale. Beasley *et al.* (1980) reported swollen kidneys and discoloured

gizzards in broiler chicks fed with *P. lanosum* contaminated feed. Uma and Vikram Reddy (1995) noticed enlargement, congestion and mottling of kidneys; enlargement, congestion and fragility of liver; petechiae in fascia and thigh muscles and dilatation of heart in broiler chicken fed 125 and 250 ppm CTN for 6 weeks.

CTN treated with 150 and 300 ppm revealed moderate to severe enlargement, moderate congestion and petechiae in kidneys. Bursa of fabricius revealed enlargement and congestion during 1st and 2nd wk and atrophy during 3rd wk of sacrifice. The liver was swollen with paleness and moderate yellowish discolouration with distended gallbladder. (Ahamad and Vairamuthu, 2001; Ahamad *et al.*, 2009). The intestine revealed mild to moderate mucosal congestion with mucous exudation. The caecum showed severe dilatation. Multifocal petecheal haemorrhages were recorded in epicardium and endocardium of the heart and thigh muscles. (Ahamad and Vairamuthu, 2001; Ahamad *et al.*, 2009).

Histopathology

In chicken, hyperplastic glomeruli, atrophy of tubules, hydropic degeneration of epithelial cells of the proximal and collecting tubules, glomerular atrophy and hyalinisation, coagulative necrosis and hydropic degeneration of tubular epithelial cells of kidney (Roberts and Mora 1978, Mehdi *et al.* 1983; Ahamad and Vairamuthu, 2001; Ahamad *et al.*, 2009)

Toxic effects are not described in broiler chicks fed a diet containing 65 mg citrinin/kg feed (Carlton, 1980). Up to 260 mg citrinin/kg feed to broiler chicks

diarrhoea was observed at the two highest concentrations. At necropsy these chicks had haemorrhages in the jejunum as well as enlarged livers and kidneys. All dietary levels resulted in lymphocyte and eosinophil infiltrations of the liver, kidneys and pancreas. Anaplastic areas of the kidney and pancreas, is observed at the highest concentration of 260 mg/kg citrinin in chickens (Roberts and Mora, 1978). Citrinin was fed to broiler chickens at concentrations of 300 mg /kg feed showed proximal tubular intra-nuclear membrane-bound inclusions, misshaped mitochondria, as well as an increase in size and number of peroxisomes and secondary lysosomes (Manning *et al.*, 1985). At autopsy the kidneys were observed to be swollen, pale and friable" with the tubular epithelial cells noted to be necrotic. Kidneys of CTN group birds revealed severe toxic tubular nephrosis characterised with mild to moderate vascular changes with congestion and inter tubular haemorrhages, moderate hypertrophy of tubular epithelium with narrowing of proximal convoluted tubules, moderate to severe hydropic degeneration with multifocal necrosis of proximal convoluted tubular epithelium, multifocal mononuclear cell (MNC) infiltration with a few heterophils and diffuse mild to moderate intertubular fibroblast proliferation and cellular debris in collecting ducts were observed. The PCT revealed detachment of tubular lining epithelium from basal layer. The lumen contained desquamated epithelial cells. These similar findings were reported by Roberts and Mora (1978) when broiler chicks were fed with 33 to 260 ppm CTN for 6 weeks, 95 mg/kg BW by crop gavage

or mixed with diet (Mehdi *et al.*, 1981) , 125 and 250 ppm of CTN in feed for 6 wks (Uma and Reddy,1995) and 150 and 300 ppm fed in broiler chicks for 4 wks Severe degeneration with detachment of lining epithelium of proximal convoluted tubules might contribute to watery droppings in poultry. (Ahamad and Vairamuthu, 2001; Ahamad *et al.*, 2009).

In liver, CTN treated chicks revealed moderate toxic hepatitis characterised by diffuse mild sinusoidal dilatation, engorgement of blood vessels with vacuolar degeneration with multifocal necrosis of hepatocytes with infiltration of lymphocyte and heterophils, moderate to severe diffuse Kuffer cell hypertrophy, bile duct hyperplasia, formation of acinar pattern of hepatocytes were observed. These similar findings were recorded by earlier workers in broiler chicks when fed with 130 and 260 ppm CTN in feed for 6 wks and 47.5 to 500 ppm CTN in multiple dose , 90.100.and 110 mg CTN/kg BW in single oral dose (Mehdi *et al.*, 1983); 125 and 250 ppm CTN in feed for 6 wks in broiler chicken. (Uma and Reddy,1995) and 150 ppm fed in broiler chicks for 4 wks. (Ahamad and Vairamuthu, 2001). In addition to above lesions, there was mild to moderate periductular and perivenous fibrosis and capsular thickening of liver was also observed. These changes might be due to CTN which pass through central vein and bile duct for such a long period for detoxification or excretion which acts as irritant which leads to proliferation of fibroblast around perivenous and periductular areas (Ahamad *et al.*, 2009)

In bursa of fabricius, mild congestion and generalized mild lymphoid

depletion, mild to moderate lymphocytolysis was marked in cortex and medulla of follicles degeneration and necrosis of follicular epithelium with a few mitotic figures, glandular or cystic transformation of follicles and moderate to severe interfollicular fibrosis were reported by when the broiler chickens were fed with 47.5 to 500 mg CTN /kg BW in multiple dose (Mehdi *et al*, 1983); CTN.150 and 300 ppm fed in broiler chicks for 4 wks. (Ahamad and Vairamuthu, 2001;Ahamad *et al* ., 2009). These findings might incriminate the hypothesis of immunotoxic effect of CTN.

In spleen, CTN group birds showed mild to moderate diffuse lymphoid depletion with reticular cell hyperplasia in broiler chicks for 4 wks @150 and 300 ppm CTN fed in broiler chicks for 4 wks. (Ahamad and Vairamuthu, 2001;Ahamad *et al* ., 2009Mehdi *et al*. (1981) in broiler chicks when fed with single oral dose of 90,100 and 110 mg CTN /kg BW and). In thymus , mild lymphoid depletion was observed from from 2nd to 4th wks of sacrifice . Similar findings were reported by Mehdi *et al*. (1981) studied in another experiment in broiler chicks when fed with single oral dose of 47.5,71,100,250 and 500 mg CTN /kg BW and 150 and 300 ppm fed in broiler chicks for 4 wks. (Ahamad and Vairamuthu, 2001;Ahamad *et al* ., 2009).In heart, Loss of cross-striations, enucleation, sarcolysis and hyalinization of fibres with mononuclear cell infiltration Mild congestion and multifocal haemorrhages mild to moderate myocardial degeneration with multifocal mononuclear cell infiltration in intermyofibrils were also recorded in

broiler chickens when fed with 125 and 250 ppm CTN in feed for 6 wks (Roberts and Mora,1978; Uma and Reddy, 1995) and 150 and 300 ppm fed in broiler chicks for 4 wks. (Ahamad and Vairamuthu, 2001;Ahamad *et al* ., 2009). Pancreas showed mild to moderate congestion and focal haemorrhages, mild diffuse vacuolar changes,Perivascular cellular infiltration of lymphocytes, eosinophils, reduced zymogen granules and multifocal necrosis of pancreatic acinar epithelium with MNC infiltration (Roberts and Mora, 1978; Maryamma *et al.*, 1990; Ahamad and Vairamuthu, 2001; Ahamad *et al.*, 2009). **Lungs** of CTN fed group birds showed mild congestion and haemorrhages, multifocal MNC and heterophilic infiltrationwith mild bronchiectasis in broiler chickens when fed with 125 and 250 ppm CTN in feed for 6 wks (Uma and Reddy, 1995) and 150 and 300 ppm fed in broiler chicks for 4 wks. (Ahamad and Vairamuthu, 2001; Ahamad *et al* ., 2009). Intestine of CTN treated chicks showed mild congestion in mucosl and submucosal layer of intestine increased goblet cell activity, focal necrosis of enterocytes and mild desquamation of intestinal mucosa, catarrhal changes with infiltration of mononuclear cells in the lamina propria, mucosa and hyperplasia of the glandular epithelium in small intestine in broiler chickens when fed with 125 and 250 ppm CTN in feed for 6 wks (Uma and Reddy (1995) ; 150 and 300 ppm fed in broiler chicks for 4 wks (Ahamad and Vairamuthu, 2001; Ahamad *et al.*, 2009).The gross and histopathological changes in CTN fed birds were severe toxic nephrosis in kidneys, severe atrophy of bursa of fabricius, moderate toxic

hepatitis, moderate acute myocarditis, moderate acute pancreatitis, mild lymphoid depletion in spleen and thymus and catarrhal enteritis are observed. Since, the proximal convoluted tubules of kidneys were severely damaged, there might be the possibilities of hindrance in resorption of large quantities of sodium and chloride, water, required concentration of glucose, amino acid, calcium, phosphates uric acids, proteins and potassium and leads to watery droppings and mild depression in CTN fed chicks. The immunotoxic effects could also be observed severely in bursa of fabricius (Ahamad and Vairamuthu, 2001; Ahamad *et al.*, 2009).

Apoptosis and Oxidative Stress

There are scarce reports on apoptosis caused by citrinin. Multiple effects on mitochondrial function in renal proximal tubules (RPT) and renal cortical mitochondria which might have contributed to the development of cell death in rat renal proximal tubule in rats treated with 250 mg of CTN. Aloe *et al.* (1991). Number of apoptotic cells in dam (kidney, liver, spleen) as well as fetuses (kidney and liver) on analysed by FACS When citrinin was fed @ 10ppm in pregnant wistar rats (Singh, 2005). Martin *et al.* (1986) reported that CTN induced single and double strand breaks in the DNA of intact *E. coli* and this activity was prevented by NADPH, catalase and superoxide dismutase, suggesting the involvement of free radicals in the mechanism of citrinin-induced damage. The cytochrome c release from mitochondria to cytoplasm. The presence of antioxidants in cultures did not

effectively suppress CTN-induced cytotoxicity and caspase-3 activity. These findings suggest that CTN induces apoptosis in HL-60 cells by stimulating cytochrome c release followed by activation of multiple caspases, but oxidative stress may not play a role in the apoptotic process by CTN in HL-60 (Yu *et al.*, 2006).

Immunotoxicity

In thymus mild to marked necrosis of lymphocytes occurred mostly in the cortex, in contrast to the cloacal bursa where the necrosis and lymphoid depletion was more prominent in the medulla in 7-day old ducklings treated orally with a single dose (30, 40 and 50 mg/kg b.w.) of citrinin and this study confirmed the cytotoxicity of citrinin to splenic lymphocytes in vitro (Mehdi *et al.*, 1983). Splenic cells from male CD1 mice, receiving 0.0, 0.12, 0.60 and 3 mg citrinin / kg i/p daily for 2-4 weeks, when cultured with or without mitogens, phytohaemagglutinin (PHA), pokeweed mitogens (PWM), and lipopolysaccharide exhibited splenic lymphocyte proliferation. However, delayed type hypersensitivity, measured as footpad swelling in response to sRBC, was not affected (Reddy *et al.*, 1988). Similarly, De Souza *et al.* (1999) also observed stimulation of lymphocyte proliferation when lymphocytes from spleen and thymus of sensitised white mice were cultured in presence of 4 different concentrations of CTN (0, 5, 10 and 20 mg/kg). Lymphoid depletion and necrosis in both cortex and medulla in the bursa of Fabricius and pronounced lymphoid necrosis in the medulla and cortex, lymphoid atrophy in thymic cortex

were noticed in chicks fed with single oral dose of 47.5, 71, 100, 250 and 500 mg CTN per kg bw (Mehdi and Carlton, 1981). Campbell *et al.* (1981), however, did not observe any effect on humoral and cell mediated immunity when day-old broiler chickens were fed a starter mash with 0, 125, 250 or 500 ppm CTN for 3 weeks. Significant decrease in both cell mediated and humoral immune response was seen when citrinin was fed @ 10ppm/kg feed to pregnant rats and the effect being additive with endosulfan fed @ 1 mg/kg body weight (Singh, 2005).

Genotoxicity

Genotoxicity of CTN has not been unequivocally established because various test systems gave both positive and negative results. CTN-induced oxidative stress did not affect DNA (Liu *et al.*, 2003). In contrast to negative results, various cell cultures exposed to CTN showed a significant increase in micronucleus (MN) frequency (Šegvić Klarić *et al.*, 2007). This increase was also noticed in HEPG2 cells, human lymphocytes, and Chinese hamster V79 cells, but CTN concentrations showing genotoxicity differed between cell cultures (Knasmüller *et al.*, 2004; Dömnöz-Altuntas *et al.*, 2007; Pfeiffer *et al.*, 1998)

Mutagenicity

CTN was not mutagenic to *S. typhimurium* (Knasmüller *et al.*, 2004; Sabater-Vilar *et al.*, 1999). However, when a primary hepatocyte culture was added, strain TA98 showed a significant dose-dependent mutagenic response, and strain TA-100 a slight positive response. These results indicate that CTN requires a

complex cellular biotransformation to become mutagenic. CTN have shown clastogenic activity *in vitro* and *in vivo*, including a variety of chromosomal aberrations, save for sister chromatid exchange (SCE). In a study of Chinese hamster ovary cells and HEK293, CTN did not produce any significant difference in either SCE frequency or DNA gaps and breaks (Liu *et al.*, 2003). CTN-induced SCEs in Chinese hamster V79-E cells in the presence of S9-mix (Thust and Kneist, 1979). CTN was found to be aneugenic because it caused concentration-dependent mitotic arrest, regardless of incubation time. This effect was reversible after the removal of CTN (Thust and Kneist, 1979). It has been found that CTN induces chromosome abnormalities and breaks in bone marrow cells in young weanling mice (Jeswal, 1996) and in adult mice included breaks, centric fusions, rings, and gaps (Bouslimi *et al.*, 2008).

Developmental and Reproductive Toxicity

Citrinin is an embryocidal and foetotoxic agent (Hood *et al.*, 1976). In rats which received a single s.c. dose of 35 mg citrinin/kg b.w. on days 3-15 of gestation, no skeletal malformations of the foetuses were observed. However, enlarged kidneys, internal hydrocephalus and cleft palates were found. As in this experiment 30-50% of the pregnant dams died and the resorption rate of foetuses in the treated group was higher than in controls, it needs to be considered that maternal toxicity has influenced the outcome of this study. (Reddy *et al.*, 1988). Citrinin was administered in the feed at a concentration of 10 mg/kg feed

(equivalent to approximately 1 mg/kg b.w.) at GD (6 - 20 days post coitum), foetal resorption rate was increased and 6.8 % of the examined foetuses showed severe malformations, including internal hydrocephalus and notched and contracted kidneys (Singh *et al.*, 2007b). About 10 % of all foetuses were retarded with incomplete ossification of the skull bones. Histological investigations of the foetal kidneys showed tubular degeneration, medullar tubular necrosis and interstitial fibrosation (Singh *et al.*, 2008). The embryotoxic potential of citrinin (citrinin tested 1 - 10 µg, injected subgerminally or intra-amniotically at different days of the egg incubation period) alone and together with ochratoxin A. The most pronounced alterations in the early embryonic development were observed following an exposure on day three, including embryonic death (up to 60 %), and embryos showed morphological alteration on their heads (exencephaly, microphthalmia and cleft beak) (Vesela *et al.*, 1983). These data are in line with earlier studies by Ciegler *et al.* (1977) describing also exencephaly, exophthalmia, crossed beaks and occasional crooked necks. CTN (30 mg/kg) were subcutaneously injected in pregnant Sprague-Dawley rats, foetal resorptions and the foetal body weights were not significantly different except on day 8 of gestation following CTN treatment. (Mayura *et al.*, 1984). Recent *in vitro* studies with mouse embryonic cells confirmed the previous *in vivo* data as blastocysts treated with citrinin showed apoptosis and significant decreased implantation rates (Chan and Shiao, 2007). An increased rate of apoptosis was

observed in mouse embryoblasts following *ex vivo* treatment with citrinin at a concentration of 30 µg/ml (Chan, 2007). In further *in vitro* experiments, Chan (2008) observed a significant reduction in the rate of oocyte maturation, fertilization and embryonic development. Qingqing *et al.* (2010) investigated the effects of citrinin on the reproductive organs of male mice. Sperm counts were decreased and the number of abnormal spermatozoa was increased. Histological examination revealed an increased diameter of the testicular seminiferous tubule. Serum testosterone concentrations were decreased and a significantly lower pregnancy rate was observed when females were mated with the citrinin-exposed males and no embryos occurred in the females mated with males given the highest dose of 6.25 mg/kg b.w. *In vitro* and *in vivo* studies provided clear evidence for reproductive toxicity and, teratogenic and embryotoxic effects of citrinin. The doses tested in the *in vivo* experiments exerted, however, clear signs of maternal toxicity, including nephrotoxicity, indicating that these effects might be secondary to maternal toxicity.

Carcinogenicity

IARC (1986) concluded that there was limited evidence for the carcinogenicity of citrinin to experimental animals and that no evaluation could be made of the carcinogenicity of citrinin to humans. Citrinin is classified in group 3 (not classifiable as to its carcinogenicity to humans). In an 80-week chronic toxicity study, all treated rats showed, starting from week 40, focal hyperplasia of the tubular epithelium and small renal adenomas were observed (Arai and

Hibino, 1983). No evidence for carcinogenicity was found in a model fish species (*Oryzias latipes*) which was exposed to citrinin for 24 weeks (Hatanaka et al., 1982). In an earlier study, Shinohara et al. (1976) considered whether dietary citrinin could act as a tumour promoter in male Sprague-Dawley rats. Arai and Hibino (1983) reported that the long term feeding, with a high dietary exposure to citrinin (initially ~70 mg/kg b.w. per day) showed high incidences of adenomas in rats.

Conclusions

It is concluded that citrinin is a nephrotoxic mycotoxin. Studies on immunotoxicity of citrinin do not allow a conclusive evaluation. Citrinin and aflatoxin B1 has additive effect where as CTN and Ochratoxin A has synergistic effects. *In vitro* and *in vivo* studies provided clear evidence for reproductive toxicity and, teratogenic and embryotoxic effects of citrinin. The doses tested in the *in vivo* experiments exerted clear signs of maternal toxicity, including nephrotoxicity, indicating that the teratogenic effects might be secondary to maternal toxicity. Citrinin is not mutagenic, but induces micronuclei, aneuploidy, and chromosomal aberrations *in vitro* in mammalian cells. *In vivo* it induced chromosome abnormalities and hypodiploidy in the bone marrow of mice. This carcinogenicity effect of citrinin in rats, showing high incidences of adenomas in the kidneys.

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