

Youth Cooperatives: A Pathway to Sustainable Development

OPEN ACCESS

Volume: 13

Special Issue: 5

Month: February

Year: 2026

E-ISSN: 2582-0397

Citation:

Jeyalakshmi, S. “Youth Cooperatives: A Pathway to Sustainable Development.” *Shanlax International Journal of Arts, Science and Humanities*, vol. 13, no. S5, 2026, pp. 66–71

DOI:

<https://doi.org/10.34293/sijash.v13iS5-Feb.11280>

Dr. S. Jeyalakshmi

Assistant Professor

Department of Business Administration

Arul Anandar College, Karumathu, Madurai, Tamil Nadu, India

Abstract

Youth cooperatives have emerged as an inclusive and sustainable business model that empowers young people through collective ownership, democratic governance, and shared economic benefits. Using a conceptual and descriptive research approach, the study analyses the contributions of youth cooperatives toward achieving selected Sustainable Development Goals. SDG 10 (Reduced Inequalities), and SDG 12 (Responsible Consumption and Production). The paper highlights challenges faced by youth cooperatives and suggests policy measures for strengthening their role in sustainable development. This paper explores how youth-led cooperative enterprises contribute to sustainable development by fostering entrepreneurship, promoting democratic participation, and advancing community resilience. Drawing on existing literature and case-based insights, the study highlights the potential of youth cooperatives to address multiple Sustainable Development Goals (SDGs), particularly in developing economies. The paper concludes with policy recommendations to strengthen youth engagement in cooperative movements.

Keywords: Youth Cooperatives, Sustainable Development, Employment, SDGs, Inclusive Growth

Introduction

India is one of the youngest countries in the world, with more than 65% of its population below the age of 36. Traditional employment avenues alone are insufficient to absorb the growing youth workforce. In this context, youth cooperatives offer an alternative economic model that combines entrepreneurship with social responsibility. These are enterprises owned and democratically controlled by their members, operating on principles of mutual help, equity, and solidarity. Youth cooperatives specifically focus on empowering young people by enabling them to collectively own, manage, and benefit from economic activities. This paper explores how youth cooperatives function as a pathway to sustainable development.

Youth Co-Operatives

A youth cooperative is a cooperative enterprise formed, owned, and managed primarily by young people. These cooperatives may operate in sectors such as agriculture, dairy, handloom, fisheries, retail, services, digital platforms, renewable energy, and start-ups.

Rationale For Youth Cooperatives

- Rising youth unemployment
- Limited access to capital and markets
- Need for collective risk-sharing
- Desire for social entrepreneurship
- Promotion of sustainable livelihoods

Features

- Democratic member control (one member, one vote)
- Collective ownership and shared profits
- Focus on employment generation
- Emphasis on social and community development
- Sustainable and ethical business

Sustainable Development and Youth Engagement

Sustainable development refers to balanced development approach that addresses present socio-economic needs while ensuring that future generations retain adequate access to natural, financial and institutional resources.

Youth cooperatives align closely with sustainable development by:

- Creating decent and productive employment
- Reducing income inequalities
- Encouraging responsible use of resources
- Strengthening community-based development

Review of Literature

Several studies highlight the importance of cooperatives in employment generation and poverty reduction. Birchall (2018) emphasized that cooperatives provide stable employment and income security. The International Labour Organization (ILO, 2021) highlighted that cooperative participation enhances employability by strengthening entrepreneurial exposure and practical learning opportunities. ICA (2022) noted that youth involvement in cooperatives strengthens innovation, sustainability, and democratic governance.

Indian studies reveal that youth cooperatives in agriculture, dairy, and self-help group federations have significantly improved rural livelihoods and reduced migration. However, literature also identifies challenges such as inadequate policy support, lack of awareness, and weak managerial capacity.

Objectives of the Study

1. To understand the concept and significance of youth cooperatives
2. To analyse the role of youth cooperatives in sustainable development
3. To examine the contribution of youth cooperatives towards selected SDGs
4. To identify challenges faced by youth cooperatives
5. To suggest policy measures for strengthening youth cooperatives

Research Methodology

The study is descriptive and conceptual in nature and is based on secondary data collected from:

- Research journals
- Government reports
- Cooperative development reports
- Books and conference proceedings
- Publications of ILO, ICA, and UN

Youth Cooperatives and Sustainable Development

Employment Generation

Youth cooperatives provide self-employment and wage employment opportunities, especially in rural and semi-urban areas. By pooling resources and skills, young members reduce individual risk and enhance income stability.

Economic Empowerment

Collective entrepreneurship enables youth to access credit, markets, and technology that are otherwise difficult to obtain individually. Profit-sharing improves economic security and reduces poverty.

Social Inclusion

Youth cooperatives promote inclusion of marginalized groups such as women, rural youth, and economically weaker sections by offering equal participation and decision-making opportunities.

Skill Development

Participation in cooperatives enhances managerial, financial, leadership, and entrepreneurial skills among youth, contributing to long-term human capital development.

Environmental Sustainability

Many youth cooperatives engage in eco-friendly activities such as organic farming, waste management, renewable energy, and sustainable tourism, supporting environmental conservation.

Digital Financial Inclusion and Sustainable Development

SDG 1: No Poverty

Digital financial inclusion supports poverty eradication by ensuring direct access to government welfare schemes. Direct Benefit Transfer mechanisms reduce corruption and leakages, ensuring that benefits reach intended beneficiaries.

SDG 2: Zero Hunger

Digital payments enable timely disbursement of agricultural subsidies, crop insurance claims, and farmer income support schemes. Digital credit facilities also help farmers invest in modern agricultural practices.

SDG 3: Good Health and Well-being

Access to digital payments and health insurance schemes reduces the financial burden of healthcare. Cashless transactions under government health programs improve access to quality healthcare services.

SDG 4: Quality Education

Digital financial platforms facilitate scholarship disbursement, education loans, and fee payments. Financial inclusion also promotes financial literacy among students and youth.

SDG 5: Gender Equality

Women's access to digital financial services enhances economic empowerment and decision-making ability. Digital SHGs and women-centric fintech products promote entrepreneurship and income generation.

SDG 6: Clean Water and Sanitation

Sustainable Development Goal 6 focuses on ensuring equitable access to safe drinking water and improved sanitation facilities through efficient management and inclusive infrastructure development systems. Although water and sanitation are primarily infrastructure-driven goals, digital financial inclusion plays a critical enabling role in improving access, affordability, and governance in this sector. Digital financial platforms facilitate direct funding and transparent implementation of government schemes such as Jal Jeevan Mission and Swachh Bharat Mission. Through Direct Benefit Transfers (DBT), subsidies and incentives for household toilets, drinking water connections, and sanitation infrastructure are credited directly to beneficiaries' bank accounts, reducing leakages and corruption.

Digital payment systems also support:

- Timely wage payments to workers engaged in water and sanitation projects
- Digital monitoring of funds allocated for rural water supply schemes
- Financial sustainability of local water utilities through online bill payments

Moreover, fintech-enabled microfinance and digital credit help households invest in water purification systems and sanitation facilities. By improving financial access and governance, digital financial inclusion indirectly but significantly contributes to achieving universal access to clean water and sanitation, thereby advancing SDG 6 in India.

SDG 7: Affordable and Clean Energy

SDG 7 focuses on ensuring access to affordable, reliable, sustainable, and modern energy for all. Digital financial inclusion plays a direct and transformative role in accelerating India's clean energy transition. Government initiatives such as Pradhan Mantri Ujjwala Yojana (PMUY) leverage digital financial systems to transfer subsidies directly to beneficiaries for LPG connections. Digital payments ensure transparency, timely disbursement, and elimination of intermediaries. Similarly, schemes promoting solar energy adoption and rural electrification benefit from digital banking and mobile payments.

Direct subsidy transfers for clean cooking fuel and renewable energy solutions

- Digital credit and micro-loans for solar panels and energy-efficient appliances
- Mobile-based payment systems for prepaid electricity and smart metering
- Financial inclusion of rural households in decentralized renewable energy projects

Fintech solutions and digital payment platforms reduce the upfront cost barrier for clean energy adoption. By enabling affordable financing and improving payment efficiency, digital financial inclusion supports energy access, reduces dependence on fossil fuels, and promotes environmental sustainability.

Linking SDG 6 & 7 with Sustainable Development through Digital Finance

The integration of digital financial inclusion with water, sanitation, and energy initiatives enhances efficiency, accountability, and inclusiveness. Digital finance ensures that public investments reach intended beneficiaries while empowering households to participate actively in sustainable resource management.

SDG 8: Decent Work and Economic Growth

Digital finance supports MSMEs by improving access to formal credit and digital payment systems. This encourages business expansion, employment generation, and economic growth.

SDG 9: Industry, Innovation, and Infrastructure

The development of digital financial infrastructure fosters innovation and technological advancement. Fintech startups play a vital role in strengthening India's financial ecosystem.

SDG 10: Reduced Inequalities

Digital financial inclusion reduces income and regional disparities by providing equal access to financial services across socio-economic groups.

SDG 12: Responsible Consumption and Production

Youth cooperatives encourage sustainable production practices and responsible consumption through local sourcing and eco-friendly methods.

Youth Cooperatives in India

India has a strong cooperative movement, particularly in agriculture, dairy, and rural finance. Youth cooperatives operate under:

- Primary Agricultural Cooperative Societies
- Dairy and fisheries cooperatives
- Youth self-employment cooperatives
- Urban service cooperatives

Government initiatives such as Skill India, Startup India, and cooperative development programmes indirectly support youth cooperatives, though a dedicated youth cooperative policy is still evolving.

Role of Government and Institutions

Government agencies, cooperative federations, NGOs, and educational institutions play a vital role in promoting youth cooperatives through:

- Training and capacity building
- Financial assistance and subsidies
- Policy support and legal reforms
- Market access and digital platforms

Challenges Faced by Youth Cooperatives

Despite their potential, youth cooperatives face several challenges:

- Lack of awareness and motivation among youth
- Limited access to finance and credit
- Inadequate managerial and technical skills

- Regulatory and procedural complexities
- Weak institutional and policy support

Suggestions and Policy Implications

1. Government should introduce dedicated schemes for youth cooperatives
2. Financial institutions must provide concessional credit and subsidies
3. Capacity-building and training programmes should be strengthened
4. Cooperative education should be included in academic curricula
5. Digital platforms should be developed for marketing and networking

Future Prospects of Youth Cooperatives

With increasing emphasis on sustainable development, social entrepreneurship, and green economy, youth cooperatives have immense potential to become engines of inclusive growth. Technological innovation and digital platforms can further enhance their reach and efficiency.

Conclusion

Youth cooperatives serve as an effective institutional mechanism for addressing employment challenges, reducing youth unemployment, inequality, and social exclusion. By combining economic viability with social responsibility, youth cooperatives contribute significantly to sustainable development. With appropriate policy support, strengthening youth cooperatives through financial assistance, and skill development can transform them into effective instruments for achieving Sustainable Development Goals and economic growth.

References

1. International Cooperative Alliance (ICA). (2022). Cooperatives and Youth Empowerment.
2. International Labour Organization (ILO). (2021). Youth Entrepreneurship and Cooperatives.
3. Government of India. (2020). National Cooperative Policy.
4. United Nations. (2015). Transforming Our World: The 2030 Agenda for Sustainable Development.
5. Birchall, J. (2018). The Cooperative Model and Youth Employment. *Journal of Cooperative Studies*.