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Holistic Development Of Education: NEP 2020

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Abstract

The National Education policy was formulated in the year 1968, and they have used the regional language for schools. Education is an important factor to developing skills, so that the Indian government has launched education policy system for the students to develop their knowledge. Before independence, India was ruled by the British people, during that time Indian people were illiteracy and even they didn't know about what is education and its system. But latterly the British government came forward to give education to Indian people in order to they need to know how to rule state, if they could know about the education system and they try to develop their skills. In education system not only they teach the subject alone apart from the subject they teach whatever happened in and around the world. Laterly London schools was brought to India by the British council in 1952 and they adopted a scheme called snowball scheme which means give a form of instruction to few teachers they will train others which means they can produce more and more teachers.

Keywords: Holistic Development, Educational Models, National Education Policy, Benefits of Holistic Education to Equip Knowledge, Teacher Strategies.

Introduction

The National policy of education has been framed by the Indian government. According to Indian government has said they aim to bring in the sequence of changes in our educational system from schooling level to college or university level in rural and urban area both. Education is a necessity and useful for all people in his life. Indian government's flagship programme of achieving universalisation of elementary education (UEE) aims to provide free, and compulsory education to children in the age group of 6 to 14. The Indian government has extended an opportunity to all the students to get a free education. A literacy country is to be the mainstream of the Indian government. That this is left everyone else to work with and to have knowledge, especially having seen occupation in Islam. Education is one of the most crucial ways to provide women with the knowledge, the abilities and self confidence they require. On the other hand, education significantly influences the lives of people. The education policy of the Indian government is promoted to the student so as to equip the student's competence to enhance in their education at the higher level.

The Indian government, then Indian Prime Minister Indira Gandhi (1968), later Indian Prime Minister Rajiv Gandhi (1986), and now the present Prime Minister Narendra Modi (2020) also adopted the national policy education in our country.

Holistic Education

According to the holistic approach to education, it is necessary that students have all their academic, social, emotional, and ethical requirements met in the classroom in the same way. Positive educational settings and provide children whole child supports, which also known as wraparound supports to address both academic and non academic needs are targeted. Students are also encouraged to be critical about their activities, and how these act and react locally and globally. Many of the projects that instructors assign take on practical issues and make students use the critical thinking techniques to address these issues.

Holistic Education Methods

Holistic education aims at developing child’s physical, emotional, moral, psychological and spiritual qualities. Serving the complete child involves offering opportunities that come within a child’s abilities and emotions. Lessons provide opportunities for children to make use of their own strengths in a safe and nurturing environment. Teachers have to be ready to aid pupils with different learning styles and different degree of education. Even though holistic education is at the hands of a single principle of holistic education that governs the use of a few techniques or strategies, teachers may adopt several techniques and strategies to create a holistic learning culture.

Educational Models

- **Experiential Learning:** Practical learning opportunities are offered by schools that give priority to experiential learning. For example, student may on exploring several learning styles in groups to find out which learning styles work best for them. Holistic, experiential approaches often include problem solving often in order to solve problems in the community or develop novel products.
- **Self-Guided Learning:** In the self guided learning environments, teachers allow students to learn on their own terms, in a way that they learn and at their own speed. Personalisation is made possible by the self guided culture, which can lessen the shortcomings of one size fits all learning approaches. Low stakes tests are implemented to modify content and tempo of the program. Smaller classrooms may be found with students of different ages and different skill levels.
- **Community Schools:** Community schools are rooted in the idea that relationships with one’s humanity create value. Teachers collaborate with other community members, like families, residents, organisations, and officials in order to provide integrated assistance and more educational opportunities such as after school and summer programs. A school is a place, which serves as a community centre, which has involvement, social, academic and development associated activities.
- **Interdisciplinary Coursework:** One aspect of holistic education is the notion that improving pupils’ cognitive development through addressing several disciplines at the same time. Several institutions are developing integrated programs bringing together the instructors from other fields to teach thematic course dealing issues from different angles. Coursework may include internships, fieldwork, travel and independent study.

Teacher Strategies

Strong Student-Teacher Relationships: When teachers are able to forge strong links with their pupils, the performance and engagement of the team is greatly improved. This is the case when at risk pupils feel safe and supported. Teachers can build great relationships by addressing students’ needs and strengths and behaving with cultural sensitivity. This grants kids an opportunity to take

up leadership positions and be on the team that aims to create the rules of the classroom, which creates communication and trust between students, and helps them work harder.

Promoting Self-Confidence: So, students must think they can succeed and also think that they belong in the classroom. Teachers can help develop self confidence in students by giving them several attempts to digest, organised knowledge, and express their understanding in various ways. It is the duty of teachers to treat every student fairly and must be aware of the strengths and the weaknesses of each of them. Increased motivation can be assured by making sure that lessons are relevant to students' lives and problems on problems in the real world.

Incorporating Emotional Reflection: Looking deep into psyche of a child is not an easy task for a teacher when the assessments merely evaluate their academic performances. Teachers might provide students moments to reflect, contemplate or meditate to encourage emotional reflection in daily routines. Empathy lesson could involve helping someone listen effectively or observe audio or video or looking at literature with different perspectives on social issues.

Benefits of Holistic Education

A holistic education is a concept which is the basis of learning that supports many people in the process of communities, schools, teachers, and students. They give the students what is needed to help them academically and to thrive in life as a successful professional.

- **Holistic Education Can Lead to Improved Academic Achievement:** Holistic education is ideal for improving the academic abilities of all the children because they accommodate different learning styles and create a friendly environment for the children where learning remains easy. The Learning Policy Institute says children's brain power comes when they feel bonded to others and physically and emotionally safe.
- **Higher Mental and Emotional Well Being:** Students that are raised in an environment with the focus on social and emotional learning as much as academics have a higher chance of graduating with self awareness, confidence and an awareness of social duty.
- **Greater Ability to Solve Problems:** Problems given to students in their communities are real world problems which develop great critical thinking skills. These practical projects furnish students with skills they can take from the classroom to their adult paying profession, such as skills in knowing how to collect, analyze and relate info, and also how to function with others.
- **Reduced Impact of Inequities:** Furthermore, the Learning Policy Institute stated that whole child approach to education helps reduce psychological impact of poverty, violence, or abuse on achieving academic objective by adopting Integrated Learning Principles.

National Education Policy 1968

Former Indian Prime Minister Indira Gandhi was the first to develop the country's education policy, which was designed to provide compulsory education to children aged 6 to 14. They developed three language formulae this year, which are

- **English** – it is an English language or Else they can use European language.
- **Hindi** –It is an Indian language, in which area Hindi is mostly speaking. It was mostly speaking in northern side
- **Regional languages** – It is different from our mother tongue.

The NEP used English as an alternative language for the medium of instruction at higher classes. The Kothari commission said that English is an international language as well as a library language. They implemented the three language formula and it has been taught to the students from the class I to IV then V to VII and then VIII to X. In this year they were irrespective about the caste, creed, or sex etc because they formulated the education system only for the students and they need to give education for all

National Education Policy 1986

In this year the national Education policy was formulated by the former Prime Minister Rajiv Gandhi who had implemented this policy as a New Education policy, it is called as a child centred approach in primary Education. They opening a special school for the children with disability, and they give some adequate training and providing training for the students. The students make use of the availability of library books. Apart from the education they introduce extra-curricular and co-curricular activities.

Effectiveness of Online Teaching and learning

During Covid-19, the Educational institution was temporarily closed, so that the students were affected by the Educational system. Students were listening their classes through the E- learning which is a online learning and teaching method. Through the classes they can clarify their doubts like lively classroom. Online classes are going like lively class that means they can show the Audio visual aids to the students. It is more effectiveness than regular classroom. Teachers are using different approaches for learning and teaching method. So now-a- days the Indian students being like foreigners because they were using high technologies to learn the classes, and they were carrying mobiles instead of carrying books. A single technology mobile phone can carry lots of information like a human’s brain, which can equip their knowledge. It is also increasing the creative and thinking power

NEP-2020 and Indian Languages

Our Indian Prime Minister Shri Narendra Modi, had formulated NEP-2020 from primary to higher Education. The Government has implemented to use their mother tongue as their first language and they use English as their second language. Most of the schools gave much important to their first language. In India they use the three language formula. The Education system was formulated all over India. Students have rights to choose their language; it may be local or a regional language. In India especially in Tamilnadu they were using the Tamil an English language as a medium of instruction. The Government has equipping the students by using various high quality technologies such as textbooks, Audio aids, charts, Audio visual aids, etc... Not only have that, but the student they need to known about the transformation of language from the teaching. As a teacher He/she need to use the bilingual method, which could be made the students be interactive and attentive in the classroom.

Technology in Education

Now-a-days the technology has been well developed in each and every field especially in educational field. In educational field they were using both the teaching and learning technology. They are using some materials which can make the students to be enthusiastic and be attentive in the classroom, materials such as audio visuals aids, charts, real objects, projector, hand held devices and some learning materials. Technology was delivering good opportunities to the student to equip their skills

Assurance in Higher Education – 2020 (NEP)

In India, the higher Education Institutions has conducted the examination by central or state government. After that students have gone for their higher studies, as undergraduate. After that they go for the post graduate. After they get a education they gone for higher position. According to the MHRD the recent survey of the students is around 25 million students are pursuing for their higher studies it’s all around 900 Universities. In that most of the students

are getting University Ranking also. Education becomes a necessity one for all. It can mould each and every student in the world to become a good citizen. But now-a-days India becomes a super-fast country because it can gather much information within a second. During the pandemic time the central and state government has implemented so many facilities to the students education Institutions are temporarily closed, but the government has integrated a very good International Journal of Advanced Research and Emerging Trends (JARET) platform for the students to use their National digital library which is an online library we can take a book by downloading it, then MOOC course which has introduced so many online courses for the students, then Swayam course it is also an online course. We can make use of it, which make the students to the higher level.

Conclusion

Through the National Education Policy NEP they have implemented so many policies for the students to equip themselves. Through the NEP-2020 the Education system of India was developing very well because of they were conducting online mode classes for the students we can make use of it to equip our skills.

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