

From Silence to Voice: Ahalya's Reclamation of Consent and Identity in Kavita Kane's *Ahalya's Awakening*

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Abstract

Numerous female characters have been silenced throughout Indian mythology's long history. Ahalya, a notable mythological character among them who is created by Brahma, one of the Hindu mythological trimurtis. Ahalya, daughter of the King Mudgal and Nalayani is depicted in myth as a stone who is cursed to beso by her husband, Rishi Gautam because of her affair with Indra Sakra. Later she is redeemed by Ayodhya's prince Ram. This story has contributed to the moral policing of female sexuality over the ages by reinforcing ideas of male authority and female shame. In her novel *Ahalya's Awakening*, Kavita Kane reimagines this story by giving Ahalya agency, voice, and autonomy. The paper critically examines Ahalya's *Awakening* using a feminist revisionist mythology framework, emphasizing how Kane rewrites the myth using victim-blaming, deceit, and consent. The study illustrates how Kane's reconfiguration subverts patriarchal norms ingrained in the original story through close textual analysis. The novel reclaims Ahalya from mythic silence and repositions her as a symbol of female empowerment and resistance, set against the backdrop of modern Indian society and social movements such as #MeToo.

The paper concludes that Ahalya's story is still relevant for readers today because Kane's reworking not only challenges the gender politics of the original myth but also speaks to current discussions about justice and autonomy. Numerous female characters have been silenced throughout Indian mythology's long history, and Ahalya stands as a prominent example.

Keywords: Ahalya, Marriage, Feminist Revisionist Mythology, Suyamvar, Education, Patriarchy and Adultery

Mythical Ahalya: A Symbol of Patriarchal Judgement

Feminist revisionist mythology is one of the branches of feminist criticism that reinterprets the traditional mythological stories from the female perspective especially from marginalized view point. This approach challenges the traditional patriarchal norms. Indian mythology is totally patriarchal in which the female characters are side lined, silenced or vilified. The contemporary female writers reclaim their power, ability and bravery which have been overlooked in the mythology. The feminist revisionist writers not just invert gender roles but also critiques the ideology exposed in myth and gives other narratives which centers female agency. Popular writers like Chitra Banerjee Divakaruni, Sai Swaroopalyer, Kavita Kane and Margaret Atwood have used this type of revisionist writing. They take minor characters from myth and connect their experiences to modern issues such as identity, equality and empowerment. This approach links the past and present in one point and gives new way to exploration to discuss the gender and justice.

Ancient Hindu mythological stories show Ahalya in an unclear way, either as someone who tempts others or as someone tricked by Indra. No matter how you look at it, the result stays the same: she gets punished and cursed to be silent (Doniger, 2009). Even when the story suggests that Indra fooled her by looking like Gautam, people still blame Ahalya. These stories never let people hear her voice or understand her thoughts. This lack of control over her own story shows how society has pushed down women's experiences those about sexual freedom. Wendy Doniger notes that "the myths often punish women not for what they do, but for what they symbolize in a male dominated cosmology" (201). Ahalya, in this context, is punished not necessarily because of her action, but because she is perceived as a threat to the sanctity of male control. This portrayal is echoed in the *Krittivasi Ramayana*, a Bengali version where Ahalya is described as beautiful but morally weak, suggesting an inherent flaw in women (Chaudhuri 2018).

Kavita Mudan Finn and Aditi Dubey highlight how modern retellings of mythological women echo the concerns of the #MeToo movement, especially in terms of consent, coercion, and public shaming. Ahalya's narrative, when retold through a feminist lens, critiques the long-standing tradition of disbelief and blame directed at female victims. As Mandakranta Bose points out, many classical and local reinterpretations of mythological women help reinforce dominant moral codes by linking feminine beauty with wrongdoing. Similarly, Ruth Vanita highlights that the absence of women's voices in myth often reflects societal fears about female independence, especially related to sexual consent and desire. These representations support a long-standing trend of victim-blaming, where a woman's punishment is justified not by her actions, but by the perceived threat she poses to male authority.

The Lost Dream of Becoming a Rishika

Ahalya's *Awakening* also centers the theme of the importance of female education. Her dream from childhood is to become a Rishika. It is one of the major reasons why she choose Rishi Gautam over Indra Shakra. That dream allows her to go to any extreme to make it true. She can be considered

as the role model for the women of 21st century to do what they desire. She is brilliant learner from childhood. She is brighter and dedicated than her brother Divodas. Through the novel, Kane depicts how women's aspirations are sacrificed at the altar of patriarchal expectation. Her marriage with Rishi Gautam totally given a drift in her dream of becoming Rishika. Her time is fully kept with household chores such as taking care of Gurukulas a mother, managing her three children and helping Gautam. The philosophical and spiritual quest she once dreamed of pursuing is pushed aside to fulfil societal roles defined for her by others.

Throughout Ahalya's *Awakening* her family, particularly her mother has disregarded Ahalya's talent, her intense passion for learning, her intelligence and her foresight. She is fixated on her daughter's beauty and believes that she should be married to a prince who is exceptionally attractive, wealthy, and powerful as a reward for her magnificent beauty. Nonetheless, Ahalya demonstrates remarkable intelligence and vivacity for her age as a teenage girl; she is constantly eager to learn new things. However, her mother advises Ahalya to lead a careful life and prohibits her from pursuing ambition and adventure. Although her brother is free to go wild and follow his goals, she is counselled to settle down and find a wealthy husband. This conflict is central to many feminist narratives: the silencing of women's intellectual ambition in favour of self-sacrificial domesticity. As Beauvoir notes in *The Second Sex*, "Marriage is the destiny traditionally offered to women by society" (452), and this societal destiny often comes at the cost of personal dreams. Ahalya, too, is trapped in this system, not because she lacks brilliance or will, but because she is conditioned and expected to serve others before herself.

This notion of Ahalya's story expands in other feminist rewritings of myth. In Volga's Telugu short story collection *The Liberation of Sita*, Ahalya and Surpanakha are both given voice and consequential depth. Volga's Ahalya explains that her spiritual sense of self became suffocated by the expectation of marriage and motherhood, and it was only after losing everything that she was reborn. "I was never meant to be someone's wife or mother. I was meant to know myself," Volga's Ahalya declares (88). In

the understanding of Ahalya, her awakening occurs before the custom of homemaking, at least in terms of her truly horrific descent from heaven and subsequent desertion. Ahalya is able to reconnect with her path without the limitations of familial commitments, which ironically gave her this freedom, as a result of being shamed and shunned by her community. The book thus critiques the classificatory sacrificial duties of women while simultaneously capturing the idea that self-realization and awakening frequently take place long after the process of societal erasing.

Kane's Ahalya: Voice, Desire, and Doubt

Ahalya is shown by Kane as an inquisitive and perceptive woman who has been moulded by loneliness, captivity, and desire. The book sheds light on Ahalya's complex mind and her need for knowledge and connection. "I was made to be worshipped, not to be heard," Ahalya reflects, sardonically revealing her existential crisis (Kane). This statement highlights the burden of idealized womanhood, with the obligation to be silent, obedient, and morally correct in every situation. In Kane's version, Ahalya becomes a mirror of every woman who has not been heard and judged.

A modern understanding of sexual ethics is raised by the novel's explicit depiction of how Indra's deception of Ahalya into believing he is her husband affects her consent. The idea that consent given while being misled is invalid has been supported by a number of feminist works. (Nussbaum). Following several years of marriage and the birth of three children, Gautham begins to focus exclusively on his own intellectual requirements and gradually lost interest in and concern for Ahalya. He grows preoccupied with his students and the construction of new hermitages in the area. Whatever Ahalya could do is gaze aimlessly at the vacant areas surrounding her. "Man believes he is free to do what he wants. He can explore lands and knowledge and passion all so easily. Not so a woman, she is not allowed to be free.

"Like other men I treated you not as a wife but as most men treat most women: I thwarted you, made you inert and compliant, and restricted you to home-keeping and legal subordination. Me," he said contemptuously. "Me, who made laws for women so they could uphold their rights.....I couldn't cherish

my wife" (Kane). He says. "We are cursed, Ahalya," he said. "We have punished each other too long- in our ignorance, in our passion...." (Kane) Ahalya says that she is the promiscuous wife and Gautham the wronged husband. "That cheating is cheating, and there is no justification to it! It is cruel, it is selfish, it is dishonest, it is abusive!" she cried. "It is my fault" (Kane). She then reminded him of her disempowered position as his wife, her resentment and repressed anger, her struggle to avoid conflict and the claustrophobia she felt. She mumbled, her voice breaking "I wanted a man, my man to make love to me....in that search, I got lost" (Kane 325).

In her retelling of Ahalya's story in her English translation from the Valmiki Ramayana, Arshia Sattar gives Ahalya a more complicated treatment, acknowledging that she may not know where she is, or appear confused and somewhat vulnerable, while still tying her predicament to Rama's action. Of Ahalya, Sattar comments, "Ahalya is passive, voiceless almost ghost-like. She is metaphor rather than woman" (94). Kane completely departs from this, giving voice, defiance, and agency to Ahalya.

Deception and Consent: Reading Indra's Act through

Modern Ethics

In terms of the feminist retelling, Ahalya's situation with Indra is the most significant; she is shocked and wants to consider her own judgments, but she does not feel guilty when she is told the truth; instead, she is bewildered, confused, and betrayed. The strong and well-known character Indra uses deceit as a strategy to achieve his goals. He exploits Ahalya's loneliness and trust, and his power condones this behavior. Indra exemplifies the presumptions of entitlement and unaccountability. Indra is not punished for the shock of his position, but Ahalya is morally and socially condemned. The stories of #MeToo, in which powerful men regularly expose themselves by using direct or indirect manipulation to pursue women sexually, are strikingly similar to Indra's manipulation of women under false pretenses and the resulting consequences for the woman. (Gay) Nussbaum states, "Consent is not just about saying yes or no; it is about being fully informed, free of manipulation, and emotionally autonomous (88)." In that sense, Ahalya is guilty of self-reflection but is a

victim by Indra's fraud and emotional violence.

Victim-Blaming and Social Erasure: The Curse as a Patriarchal Tool

Ahalya's transformation into stone, which is typically seen as divine vengeance for moral failings, is one of the most powerful and symbolic scenes in her narrative. Kavita Kane, however, reinterprets this scene in Ahalya's Awakening, turning it from a moral punishment into a metaphor for societal erasure. The deeper and more subtle ways that patriarchal civilizations suppress and erase women, especially when they are thought to have transgressed social or sexual standards, are reflected in Ahalya's petrification, which goes beyond simple physical punishment. The stone becomes a tangible representation of how women are erased from public life and memory when they are considered impure, signifying invisibility, voicelessness, and exile.

Her husband, Gautam has cursed her based on mistrust and anger, driven by patriarchal honor and control, rather than an understanding of her experience. The male deceiver Indra, on the other hand, is subject to a transient curse. Indra is first marked with a thousand vulvas as a sign of his shame, but the gods eventually annul this punishment. He receives redemption, restoration, and reintegration into the divine society. But Ahalya continues to be stoned, both literally and figuratively. For years, she is deprived of her agency, silenced, erased, and concealed from view. Their different outcomes highlight the pervasive gender prejudice in legendary stories: the woman is forgotten and sent away, while the man is pardoned and restored.

Judith Herman, in her seminal work *Trauma and Recovery*, writes, "Societies often protect perpetrators by silencing victims, branding their trauma as shame" (37). This reality is tragically illustrated by Ahalya's destiny. Rather of receiving assistance, she receives punishment; rather than being taken seriously, she is silenced and buried in stone. In addition to being denied, the pain she endured is reframed as a moral failing on her behalf. Similar to Kane's reinterpretation, Mallika Sengupta's poem "Ahalya" in Bengali offers a powerful feminist counter narrative. Sengupta presents Ahalya as a woman who has been mistreated by patriarchal judgment

rather than as a passive culprit. In the poem, Ahalya defiantly declares, "You can stone me, but my truth will breathe through cracks," asserting that silencing cannot kill truth. Sengupta's poetic language resists the erasure that is forced upon her by serving as a conduit for Ahalya's repressed experience. Mallika Sengupta's poem and Kavita Kane's book together question the patriarchal interpretation of the Ahalya story. By refocusing the story on Ahalya's voice and experience, they challenge the structural way that women are disciplined through social exclusion, blame, and shame. The fact that Indra's curse is lifted but Ahalya's is left unaltered highlights the story's central double standard: women are turned into monuments of their purported humiliation, while men are given the opportunity to be saved. In these feminist retellings, Ahalya is a potent symbol of how women's stories are suppressed—and how reclaiming them becomes an act of struggle against patriarchal injustice—rather than a warning story about female transgression.

The Illusion of Choice: Swayamvar as a Patriarchal Institution

In Hindu mythology, Swayamvar, which literally translates to 'self-choice,' is frequently praised as a progressive ceremony in which a lady choose her spouse from a pool of qualified candidates. In actuality, though, the swayamvar is frequently symbolic, political, and scripted rather than fully independent. Kavita Kane makes a sharp critique of this delusion in Ahalya's Awakening. Brahma created Ahalya as the most beautiful woman, but she isn't allowed to pick her partner. The idea that even outstanding women lack control over their most intimate choices is reinforced by the fact that her marriage to Gautama is instead decided by celestial forces.

Denial of agency is not exclusive to this instance. In Kane's *Sita's Sister*, Urmila and her cousin's marriages are linked to the destiny of her sister Sita. Sita is the winner of a bow-breaking competition, but Urmila, Mandavi and Kirti are given nearly as payment to Lakshman, Bharath and Sathrugan, despite the fact that thier preferences have little bearing on the political matchmaking process. Similar to this, the Mahabharata's Draupadi's swayamvaris rife with plotting and retaliation.

Despite her apparent preference for Arjun, her voice is absorbed by the Pandavas' collective desire, and she is ultimately married to five brothers, a choice that was made without her knowledge or approval.

Scholars like Bhattacharya argue that "the swayamvara is less about women's empowerment and more about reinforcing male heroism and political alliances" (97). The absence of a swayamvara in Ahalya is consistent with this criticism. She is never given a choice; instead, she is given away to Gautam by Brahma (despite her love for Gautam, who she was represented as winning a trophy), and then to the wilderness metaphorically by Gautama after he curses and leaves her. This theme also appears in Volga's *The Liberation of Sita*, where the titular character reflects on how the swayamvara was nothing but a spectacle. "My fate was sealed not by my choice, but by the string of Shiva's bow," (36) Sita says, highlighting how male prowess, not female preference, determines the outcome.

This mythic theme is still dubious, even in feminist retellings today. The seeming independence conceals the ingrained authority that males, families, and gods have over women. Kane critiques this system through Ahalya's story. Ahalya's life is determined by Gautam's ego, Indra's lust, and Brahma's pride, despite her celestial origin and intellectual capacity. Kane debunks the concept of romantic choice found in ancient literature by revealing the hollowness of swayamvar. Her account highlights the need for female liberty to be lived, recognized, and safeguarded, it cannot simply be ceremonial. If not, even heavenly women like Ahalya continue to be pawns in a patriarchal system that passes itself off as fate.

Ahalya as Feminist Allegory

Kavita Kane presents a feminist critique of millennia of patriarchal myth-making in Ahalya's *Awakening*, which goes beyond simple retelling. Kane examines how myths have long masked the ideas of consent and responsibility by reorienting the narrative from Ahalya's alleged guilt to Indra's deceit and Gautama's punishing ruling. The book breaks down the silence that has been placed on Ahalya throughout history, recasting her as a woman battling trauma, betrayal, and ultimately self-

realization rather than as a passive object of male or divine will.

This retelling places the act of deception at the center, not as a plot device but as a moral transgression that renders consent void. Instead of being idealized or glossed over, Ahalya's seduction is reframed as an act of exploitation that takes advantage of structural power imbalance and emotional trust. Ahalya's metamorphosis into stone serves as a powerful allegory for social suppression and victimization. Her punishment is frequently accepted or justified in conventional accounts without question.

However, Kane links Ahalya's petrification to the societal propensity to disregard women's stories and turn them into cautionary tales rather than paying attention to their actual experiences. In the end, Kane's book is about cultural reckoning rather than just revising myths. The journey Ahalya took from being silent to being able to express herself is similar to the broader movement of women taking back their stories, demanding that consent be understood as more than just obedience, and questioning the customs that associate virtue with quiet. By doing this, Ahalya's *Awakening* reclaims a cultural space for justice, remembrance, and voice in addition to a character.

Kavita Kane's Ahalya's *Awakening* offers a powerful feminist reinterpretation of a myth that has long been shaped by patriarchal perspectives, thus confronting the persistent silencing of female voices in Indian mythology. By granting Ahalya the opportunity to narrate her own tale, Kane reinstates her agency and depicts her not as a wrongdoer deserving of punishment, but as a woman who has been wronged by treachery, stripped of consent, and unjustly laden with blame.

This study's main impact is showing that Ahalya's *Awakening* plays a crucial role in feminist revisionist mythology. It demonstrates how books can step in and change culture and memory to uncover and fix past unfairness towards women. The novel delves into key issues like consent, deception, and victim-blaming. It shows how stories from myth have influenced and still affect views on female sexuality and moral judgments. This research proves that Kane's version doesn't just modernize an old story. It reclaims Ahalya's tale. The book turns her

from a warning about shame into a feminist symbol of rebellion. It challenges the systems that try to control and silence women's voices. The novel becomes a place to fight back. It uses writing to question take apart, and rewrite the core of patriarchal storytelling. By looking at Ahalya's Awakening, this paper confirms how powerful feminist myth retellings can be. They help recover hidden viewpoints and tackle gender unfairness throughout history. Future studies might look into how other mythical women get a new spin in feminist writing, what readers make of these stories today, and how these fresh takes shape talks about gender fairness in our culture.

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